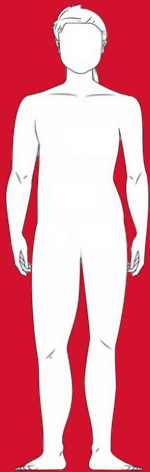


FIRST RESULTS

GENERAL INFORMATION

Demographics



662 Participants

Gender

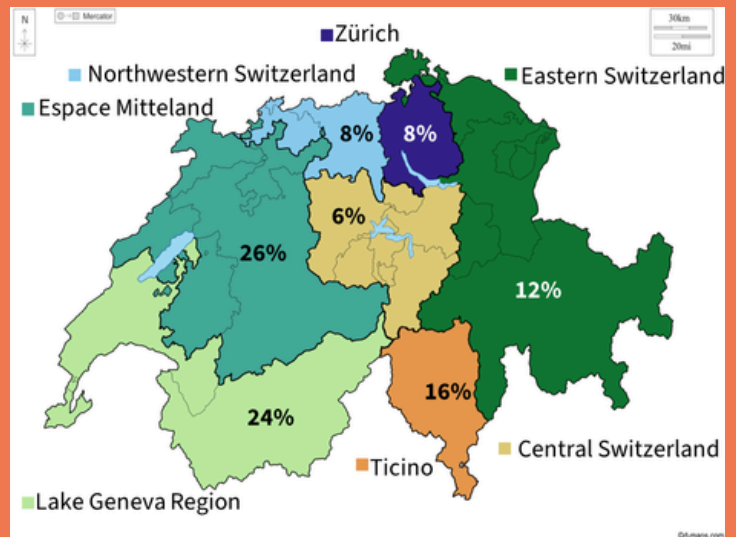
84% Male
16% Female

Age

Mean: 49 years
Min: 23 years old
Max: 68 years

For the TRAPHEAC study to be reliable, we need a large number of participants who are representative of the workforce. The male/female split is similar to that of the sector, and most participants are over 40.

Major regions of residence



The proportion of German speakers is lower than expected. How can we get them to participate as much as the Romansh and Ticinese?

Career length

Average: 12 years
Min: 1 year
Max: 41 years

Employment rate

87% Full-time
13% Part-time

Most of the participants (93%) became bus drivers following a professional retraining.

In conclusion, the phase of launching the study and recruiting participants into the cohort went smoothly. The cohort remains open to any bus driver wishing to participate. Data processing and analysis are well underway, with fuller results to follow shortly.

HEALTH AND WELL-BEING

52% say they have experienced at least one **problematic event** in the past 12 months.



19 %
Discrimination



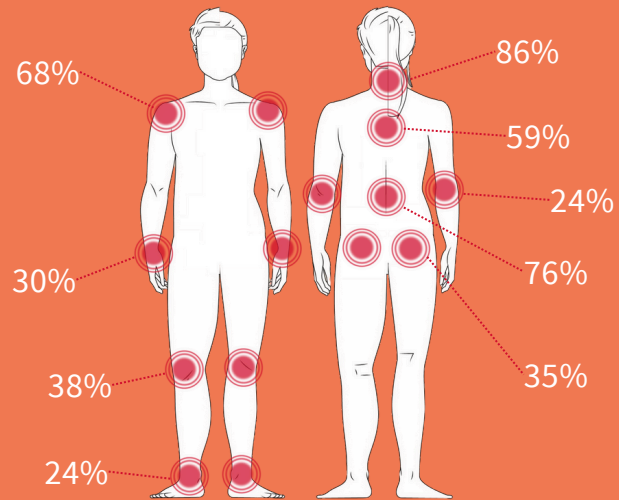
45%
Violence



17 %
Harassment

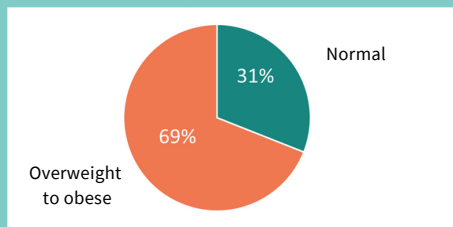
These figures are higher than for many other professions in Switzerland.

Joint pain



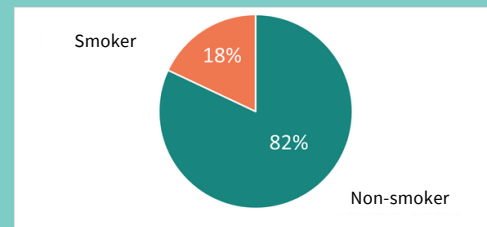
Many drivers experience shoulder and neck pain. This phenomenon seems to be specific to this profession. TRAPHEAC will provide precise data to better explain it.

Body mass index



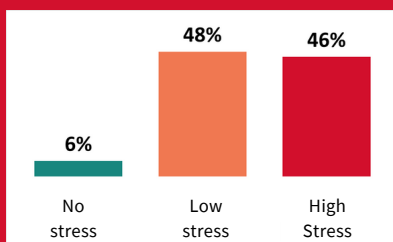
The proportion of people who are overweight or obese is higher than the Swiss national average.

Smoking status

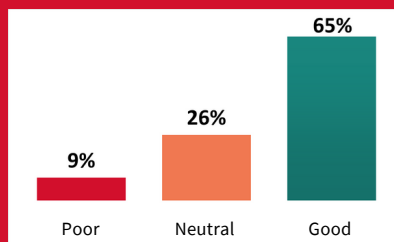


The majority of participants are non-smokers, a higher proportion than the Swiss national average.

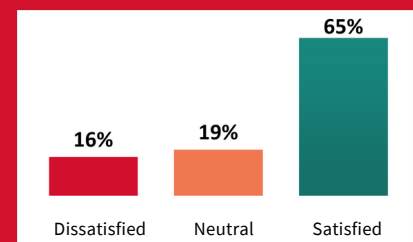
Evaluate how stressful your job generally is.



How would you rate your quality of life?



Are you satisfied with your health?



Bus drivers find their jobs stressful, but are generally satisfied with their quality of life and health.